

Summer Lunch Time Menu

Overdale Infant School

week one

28th April
19th May
9th June
30th June
21st July
11th August
1st September
22nd September
13th October
3rd November
24th November
15th December
5th January
26th January
2nd February
23rd February
16th March



Soil Association



Menus are planned to comply with the current Government School Food Standards, we endeavour to serve food specified on the menu, however there are some circumstances when this is not possible. Dishes may change without prior notice. Please check your school's website for full details or contact the school office regarding the menu being offered at your specific school.

LTS Catering Services

Monday Tuesday Wednesday Thursday Friday

Cheese & Tomato Pizza (V)
Vegan Option available (VG)
Served with 1/2 Jacket Potato & Sweetcorn (V)

Stack & Stuff Tortilla with Chilli Beef
Served with Rice & Seasonal Vegetables

Roast Chicken, Stuffing & Gravy
Served with Mashed Potatoes & Seasonal Vegetables

Pork Sausage Roll
Served with Jacket Wedges & Baked Beans

Oven Baked Fish Fingers
Or Salmon Fish Fingers
Served with Chips, Peas, Baked Beans & Tomato Ketchup

Cheese & Tomato Pizza (V)
Served with 1/2 Jacket Potato & Sweetcorn (V)

Halal Stack & Stuff Tortilla with Chilli Lamb
Served with Rice & Seasonal Vegetables

Halal Roast Chicken, Stuffing and Gravy
Served with Mashed Potatoes & Seasonal Vegetables

Halal Chicken Sausage Roll
Served with Jacket Wedges & Baked Beans

Oven Baked Fish Fingers
Served with Chips, Peas, Baked Beans & Tomato Ketchup

Vegetable Pasta Bake (V) (VG)
Served with 1/2 Jacket Potato & Sweetcorn (V)

Stack & Stuff Tortilla with Roasted Vegetables (V) (VG)
Served with Rice & Seasonal Vegetables

Roast Quorn Fillet, Stuffing and Gravy (V) (VG)
Served with Mashed Potatoes & Seasonal Vegetables

Cheese Flan (V)
Served with Jacket Wedges & Baked Beans

Vegetable Fingers (V) (VG)
Served with Chips, Peas, Baked Beans & Tomato Ketchup

Jacket Potato with Cheese (V), Beans (VG) or Tuna Mayonnaise
Served with Side Salad

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Served with Side Salad

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Served with Side Salad

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Served with Side Salad

Jacket Potato with Cheese (V), Beans (VG) or Tuna Mayonnaise
Served with Side Salad

ASSORTED Breads
Baked daily by our school chefs



Pear & Blueberry Cupcake (V)
Chocolate Crispy (V) (VG)

Strawberry Jelly & Chopped Fruit (V) (VG)
Vanilla Cookie (VG)

Ice Cream Roll (V)
Oaty Biscuit (V) (VG)

Marbled Sponge Cake (V)
Flapjack (V) (VG)

Chocolate Haystacks (V)
Shortbread Biscuit (V) (VG)

Summer Lunch Time Menu

Overdale Infant School

week two

5th May
26th May
16th June
7th July
28th July
18th August
8th September
29th September
20th October
10th November
1st December
22nd December
12th January
9th February
2nd March
23rd March

Monday Tuesday Wednesday Thursday Friday

Cheese & Tomato Pizza (V)
Vegan Option Available (VG)

Served with 1/2 Jacket Potato,
Sweetcorn (V) & Baked Beans

Chicken Stir Fry

Served with Noodles, Rice &
Seasonal Vegetables

Roast Chicken, Stuffing &
Gravy

Served with Roast Potatoes &
Seasonal Vegetables

Farm Assured Pork Sausages
& Gravy

Served with Creamy Mashed
Potatoes & Seasonal Vegetables

Battered Fish

Served with Chips, Peas, Baked
Beans & Tomato Ketchup

Cheese & Tomato Pizza (V)

Served with 1/2 Jacket Potato,
Sweetcorn (V) & Baked Beans

Halal Chicken stir Fry

Served with Noodles, Rice &
Seasonal Vegetables

Halal Roast Chicken,
Stuffing and Gravy

Served with Roast Potatoes &
Seasonal Vegetables

Halal Chicken Sausage
and Gravy

Served with Creamy Mashed
Potatoes & Seasonal Vegetables

Battered Fish

Served with Chips, Peas, Baked
Beans & Tomato Ketchup

Vegetarian Chilli (V) (VG)

Served with 1/2 Jacket Potato, or
Rice and Sweetcorn

Macaroni Cheese &
Garlic Bread (V)

Served with Seasonal
Vegetables

Roast Quorn Fillet,
Stuffing and Gravy (V) (VG)

Served with Mashed Potatoes
& Seasonal Vegetables

Quorn Sausage
and Gravy (V) (VG)

Served with Creamy Mashed
Potatoes & Seasonal Vegetables

Fishless Fingers (V) (VG)

Served with Chips, Peas, Baked
Beans & Tomato Ketchup

Jacket Potato with Cheese (V),
Beans (VG) or Tuna
Mayonnaise
Served with Side Salad

Jacket Potato with Cheese (V),
Beans (VG) or Tuna
Mayonnaise
Served with Side Salad

Jacket Potato with Cheese (V),
Beans (VG) or Tuna
Mayonnaise
Served with Side Salad

Jacket Potato with Cheese (V),
Beans (VG) or Tuna
Mayonnaise
Served with Side Salad

Jacket Potato with Cheese (V),
Beans (VG) or Tuna
Mayonnaise
Served with Side Salad

ASSORTED Breads
Baked daily by our school chefs

FRESH FRUIT
and Yogurt

Mixed Salad
SELECTION

Iced Sponge & Sprinkles (V)
Coconut Biscuit (VG)

Strawberry Jelly with
Chopped Fruit (VG)
Butterscotch Tart (V)

Fresh Fruit Salad (VG)
Jambo Biscuit (V)

Flapjack (VG)
Chocolate Mousse (V)

Ice Cream Roll (V)
Viennese Biscuit (VG)

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Summer Lunch Time Menu

Overdale Infant School

week three

12th May
2nd June
23rd June
14th July
4th August
25th August
15th September
6th October
27th October
17th November
8th December
29th December
19th January
16th February
9th March
30th March

Monday Tuesday Wednesday Thursday Friday

Cheese & Tomato Pizza (V)
Vegan Option Available (VG)
Served with 1/2 Jacket Potato,
Coleslaw & Sweetcorn

Chicken Mexican
Wrap & Salsa
Served with Savoury Rice
Sweetcorn & Peas

Roast Chicken, Stuffing
& Gravy
Served with Roast Potatoes
& Seasonal Vegetables

Beef Bolognese
Served with Pasta &
Seasonal Vegetables

Chicken Nuggets
Served with Chips, Peas, Baked
Beans & Tomato Ketchup

Cheese & Tomato Pizza (V)
Vegan Option Available (VG)
Served with 1/2 Jacket Potato,
Coleslaw & Sweetcorn (V)

Halal Chicken Mexican
Wrap & Salsa
Served with Savoury Rice
Sweetcorn & Peas

Halal Roast Chicken,
Stuffing and Gravy
Served with Roast Potatoes
& Seasonal Vegetables

Halal Lamb Bolognese
Served with Pasta &
Seasonal Vegetables

Halal Chicken Nuggets
Served with Chips, Peas, Baked
Beans & Tomato Ketchup

Macaroni Cheese &
Garlic Bread (V)
Served with Coleslaw &
Sweetcorn

Mexican Style Roasted Veg
Wrap & Salsa (V) (VG)
Served with Savoury Rice
Sweetcorn & Peas

Roast Quorn Fillet,
Stuffing and Gravy (V) (VG)
Served with Roast Potatoes
& Seasonal Vegetables

Vegetarian Bolognese (V) (VG)
Served with Pasta &
Seasonal Vegetables

Vegetable Nuggets (V) (VG)
Served with Chips, Peas, Baked
Beans & Tomato Ketchup

Jacket Potato with Cheese (V),
Beans (VG) or Tuna
Mayonnaise
Served with Side Salad

Jacket Potato with Cheese (V),
Beans (VG) or Tuna
Mayonnaise
Served with Side Salad

Jacket Potato with Cheese (V),
Beans (VG) or Tuna
Mayonnaise
Served with Side Salad

Jacket Potato with Cheese (V),
Beans (VG) or Tuna
Mayonnaise
Served with Side Salad

Jacket Potato with Cheese (V),
Beans (VG) or Tuna
Mayonnaise
Served with Side Salad

ASSORTED Breads
Baked daily by our school chefs

FRESH FRUIT
and Yogurt

Mixed Salad
SELECTION

Chocolate Tart (V)
Caramel Biscuit (VG)

Iced Sponge (V)
Cheese & Biscuits served
with Grapes (V)

Lemon Muffin (V)
Oaty Biscuit (VG)

Orange & Mandarin Jelly (VG)
Custard Biscuit (V)

Ice Cream Roll (V)
Vanilla Cookie (VG)



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