

DIGITAL SAFETY FOR PARENTS

Overdale Infant School Friday 26th January 2.30pm - 3.20pm

All parents and carers are invited to join us for a brief information session on digital safety.

Does your child have access to a smart device (iPad, tablet, phone, games console, etc)?

If the answer is yes then this session will help you to keep your child safe and well around digital use.

The session will cover:

- Managing screen time.
- Setting controls to ensure safe content.
- Building a healthy dialogue around digital experiences.

All parents who attend the session will be given **FREE** access to Qustodio, a parent control and digital wellbeing app, for use on up to 2 devices. More information on Qustodio can be found online <https://www.qustodio.com/en/>