



What should I already know?

- •How my body has changed as it has grown.
- •How I can take care of myself and what I still need help with.
- •What my body can do.
- •I am responsible for my body and its actions.



Teenager	A person aged between 13 and 19.
Pregnant	When a baby is growing inside a woman she is said to be pregnant.
Grandparent	The parent of your mum or dad.
Male	A person who is a boy.
Female	A person who is a girl.
Penis	The outside part of a male body which they use to pass urine. Part of his private area.
Urine	One of the ways our bodies get rid of waste. Urine is what comes out when we go for a wee.
Vagina	The inside part of a female body, part of her private area.
Vulva	The outside part of a female body which they use to pass urine. Part of his private area.

Key Knowledge

- To know animals, have young which may or may not look like them.
- To know that humans produce babies that grow into children and then into adults.
- To understand that babies grow inside a female body until they are ready to be born.
- To understand not all families are the same, but that love and care should be at the heart of all families.
- To recognise the main external parts of the bodies of humans.