

# WEEK 1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION ONE

Jacket Potato with Tuna & Sweetcorn

Farm Assured Lamb Kofta  
Served in a Pitta with a Yoghurt & Mint Dressing

Chicken Fillet with Sage & Onion Stuffing & Gravy Farm Assured Roast

Lamb Bolognaise

Sustainably Caught (MSC) Battered Fish with Tomato Ketchup

OPTION TWO

Margherita Pizza

Vegetarian Bolognaise

Jacket potato with Cheese

Macaroni Cheese

Quorn Dippers

CARBS

Potatoes in their Skins

Fluffy Rice

Creamed Potatoes

Pasta  
Garlic Bread

Chips

VEGETABLES

Sweetcorn  
Salad Bar Selection

Green Beans  
Salad Bar Selection

Fresh Carrots  
Peas

Medley of Seasonal Vegetables  
Salad Bar Selection

Peas

DESSERTS

Apple Cake

Toffee Crispy Cake

Carrot Cake

Chocolate Shortbread

Vanilla Ice Cream

2021 - 22nd Mar, 26th Apr, 17th May, 7th Jun, 28th Jun.

Please look out for exciting competitions and marketing events on our exciting new website. (coming soon)

## NEW DISHES FOR 2020-21

### LAMB KOFTA

*A Middle Eastern dish with aromatic spices.*

Farm Assured minced lamb with added spices, shaped and served in a healthy pitta and accompanied with a refreshing yoghurt and mint dip.

### MEATY MAC CHEESE

*The makeover of a timeless classic.*

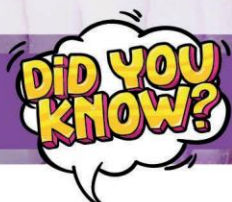
An organic beef bolognaise with a homemade creamy macaroni cheese topping.

### POTATO & COURGETTE BAKE

Layers of organic sliced potatoes and courgette bound in a rich white sauce all topped with cheese and baked.

### APPLE CAKE

A light fluffy sponge with the addition of fresh apples.



All of the potatoes we use on our menu and in our dishes are Organic as are some of the vegetables.

Our eggs are Free Range and are sourced locally from Sileby and Melton Mowbray.

# WEEK 2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION ONE

**Farm Assured Pork Sausages** in Onion Gravy

Jacket Potato with Cheese

**Farm Assured Roast Chicken Fillet** with sage & Onion Stuffing & Gravy

**Pepper & Sweetcorn Pizza**

**Sustainable Caught (MSC) Fish Fingers** or **Salmon Fish Fingers**

OPTION TWO

**Vegetarian Sausages** in Onion Gravy

**Traditional Cheese Flan**

**Sweet Chilli Pasta**

**Margherita Pizza**

**Vegetable Fingers**

CARBS

Mashed Potatoes

Parsley Potatoes

Potatoes in their Skins  
Garlic Bread

Herby Jacket Wedges  
Jewelled Couscous

Chips  
Pasta

VEGETABLES

Carrots  
Green Beans

Sweetcorn  
Peas

Broccoli Fresh  
Carrots  
Salad Bar Selection

Apple Coleslaw  
Fresh Carrots  
Salad Bar Selection

Peas  
Baked Beans  
Salad Bar Selection

DESSERTS

Oaty Cookie

Chocolate & Beetroot Brownie

Pear Sponge with Custard

Banana Flapjack

Vanilla Ice Cream

2021 - 8th Mar, 12th Apr, 3rd May, 24th May, 14th Jun, 5th Jul.

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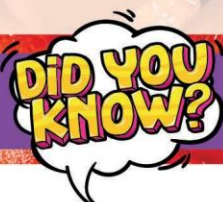
## NEW DISHES FOR 2020-21

### CHOCOLATE & BEETROOT BROWNIE

This gooey centred brownie has the addition of earthy beetroot counting as one of your 5 a day! *Sweet and delicious, what's not to like!*

### PEAR SPONGE

A light sponge with a base of sweet pears.



Look out for our home-made tomato-based sauces that are used in our recipes and homemade bread.

All of our dessert recipes have been made using 50% less sugar.

# WEEK 3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION ONE

**Organic Pork Meatballs**  
in a Homemade Tomato  
Sauce

**Farm Assured Roast  
Chicken** with Sage &  
Onion Stuffing

**Sustainably Caught  
(MSC) Tuna Pizza**

**Farm Assured Jerk  
Chicken** with a Fruity  
Salsa

**Sustainably Caught  
(MSC) Fish Fingers**  
with Tomato Ketchup

OPTION TWO

**Macaroni Cheese**

**Jacket Potato** with  
Cheese & Beans

**Margarita Pizza**

**Vegetarian Cottage Pie**

**Homemade Spicy Bean  
Burger**

CARBS

Pasta Shapes  
Garlic Bread

Potato & Carrot Mash  
Fluffy Rice

Half a Jacket Potato

Jacket Wedges

Chips

VEGETABLES

Carrots  
Broccoli

Cauliflower & Broccoli  
Fresh Carrots

Sweetcorn  
Peas  
Salad Bar Selection

Roasted Vegetable  
Medley

Peas

DESSERTS

Dutch Apple Cake

Courgette & Lime Cake

Chocolate Cornflake Cakes

Banana Cake

Chocolate Ice Cream

2021 - 15th Mar, 19th Apr, 10th May, 31st May, 21st Jun, 12th Jul.

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## NEW DISHES FOR 2020-21

### JERK CHICKEN

*A hint of Jamaica bringing the  
Caribbean to our kitchens.*

Farm assured chicken coated in our  
homemade jerk marinade.

Tasty but not too hot!

### DUTCH APPLE CAKE

A light sponge infused with fresh apples,  
sultanas and a hint of cinnamon. Served  
with a hot creamy custard.

ALL  
DISHES  
*Freshly  
Prepared*  
Using seasonal and  
local produce

FRESH  
FRUIT &  
YOGURT

ALL OUR Bread  
Baked  
daily  
by our school chefs

STAY  
hydrated  
fresh water  
Always available



95% of our dishes are home made and freshly cooked in our  
school kitchens by our well-trained enthusiastic staff.