

# Week 1

2022: 22nd Aug, 12th Sept, 3rd Oct, 24th Oct, 14th Nov, 5th Dec, 26th Dec  
 2023: 16th Jan, 6th Feb, 27th Feb, 20th Mar, 10th Apr, 1st May, 22nd May, 12th Jun, 3rd Jul, 24th Jul

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Option 1</b>	Margarita Pizza	Cottage Pie	Roast Loin of Pork, Apple Sauce & Gravy	Sticky Chicken	Fish Fingers or Salmon Fish Fingers
<b>Option 2</b>	Vegetable Supreme Pizza (V) Vegan Pinwheel (VG)	Spiced Bean Tagine (V, VG)	Roast Quorn Fillet, Stuffing and Gravy (V, VG)	Cheese Flan (V) Pea and Potato Curry with Spinach (VG)	Quorn Dippers (V, VG)
<b>Option 3</b>	Jacket Potato with Baked Beans	Sweet Chilli Pasta	Cheese & Potato Cake with a Homemade Spicy Tomato Sauce	Falafel with Crunchy Cabbage in a Pitta	Jacket Potato with Cheese & Coleslaw
<b>Option 4</b> Halal	Margarita Pizza	Shepherd's Pie	Chicken, Stuffing & Gravy	Sticky Chicken	Fish Fingers or Salmon Fish Fingers
<b>CARBS</b>	Pasta in Tomato Sauce Savoury Rice	Parsley Potatoes Jewelled Cous Cous	Potato & Carrot Mash ½ Jacket Potato	Herb Jacket Wedges Fluffy Rice	Chips Minted Potatoes
<b>VEGETABLES</b>	Appleslaw Carrots	Green Beans Sweetcorn	Roasted Medley of Seasonal Vegetables Green Beans	Cabbage Broccoli	Baked Beans Peas
<b>AVAILABLE ON ALL DAYS</b>	<b>MIXED SALAD SELECTION</b>		<b>ASSORTED BREADS</b>		<b>FRESH FRUIT PLATTER/YOGHURT</b>
<b>DESSERTS</b>	Strawberry Whip	Pear & Chocolate Sponge	Manchester Slice	Apple Betty Layer	Vanilla Ice Cream

# Week 2

2022: 29th Aug, 19th Sep, 10th Oct, 31st Oct, 21st Nov, 12th Dec  
 2023: 2nd Jan, 23rd Jan, 13th Feb, 6th Mar, 27th Mar, 17th Apr, 8th May, 29th May, 19th Jun, 10th Jul, 31st Jul

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Option 1</b>	Margarita Pizza	Farm Assured Pork Sausages in Gravy	Roast Chicken, Stuffing & Gravy	BBQ Chicken Wrap	Battered Fish
<b>Option 2</b>	Chinese Vegetable Stir Fry (V, VG)	Homity Pie (V) Vegetable Sausage with Gravy (VG)	Vegetarian Bolognese (V, VG)	Quorn & Vegetable Paella (V, VG)	Vegetable Fingers (V, VG)
<b>Option 3</b>	Red Pepper Frittata	Jacket Potato with Cheese & Baked Beans	Sweet Potato & Pea Risotto	Jacket Potato with Vegetable Chilli	BBQ Bean Wrap
<b>Option 4</b> Halal	Margarita Pizza	Chicken Sausages in Gravy	Roast Chicken, Stuffing & Gravy	BBQ Chicken Wrap	Battered Fish
<b>CARBS</b>	Fluffy Rice Herb Jacket Wedges	Mashed Potatoes	Parsley Potatoes Pasta	Garlic Bread Potatoes in Skins	Chips ½ Jacket Potato
<b>VEGETABLES</b>	Medley of Seasonal Vegetables Carrots	Sweetcorn Peas	Green Beans Roasted Medley of Seasonal Vegetables	Carrots Broccoli	Baked Beans Peas
<b>AVAILABLE ON ALL DAYS</b>	<b>MIXED SALAD SELECTION</b>		<b>ASSORTED BREADS</b>		<b>FRESH FRUIT PLATTER/YOGHURT</b>
<b>DESSERTS</b>	Banana Cake	Carrot Cake Muffin	Chocolate Mousse	Orange Jelly with Mandarins	Strawberry Ice Cream

# Week 3

2022: 5th Sep, 26th Sep, 17th Oct, 7th Nov, 28th Nov, 19th Dec  
 2023: 9th Jan, 30th Jan, 20th Feb, 13th Mar, 3rd Apr, 24th Apr, 15th May, 5th Jun, 26th Jun, 17th Jul

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Option 1</b>	Organic Meatballs in Tomato Sauce	Turkey Lasagne	Roast Chicken, Apricot Stuffing & Gravy	Garlic Mushroom & Sweetcorn Pizza	Fish Fingers or Salmon Fish Fingers
<b>Option 2</b>	Vegetable Jambalaya (V, VG)	Vegetable Lasagne (V) Quorn Fricassee (VG)	Vegetable Cottage Pie (V, VG)	Sweetcorn Pizza (V) Jacket Potato with Beans (VG)	Vegetable Nuggets (V, VG)
<b>Option 3</b>	Jacket Potato with Chicken Mayonnaise	Butter Bean & Spinach Wrap	Bubble & Squeak with Chickpeas	Jacket Potato with Baked Beans & Coleslaw	Homemade Bean Burger
<b>Option 4</b> Halal	Halal Lamb Meatballs in Tomato Sauce	Halal Lamb Lasagne	Halal Roast Chicken, Apricot Stuffing & Gravy	Garlic Mushroom & Sweetcorn Pizza	Fish Fingers or Salmon Fish Fingers
<b>CARBS</b>	Pasta Fluffy Rice	Garlic Bread Parsley Potatoes	Roast Potatoes Swede & Potato Mash	Jewelled Cous Cous ½ Jacket Potato	Chips Fluffy Rice
<b>VEGETABLES</b>	Green Beans Cabbage	Broccoli Sweetcorn	Carrots Cauliflower	Medley of Vegetables Green Beans	Baked Beans Peas
<b>AVAILABLE ON ALL DAYS</b>	<b>MIXED SALAD SELECTION</b>		<b>ASSORTED BREADS</b>		<b>FRESH FRUIT PLATTER/YOGHURT</b>
<b>DESSERTS</b>	Apple Sponge & Custard	Cornflake Tart	Peach Melba Traybake	Seasonal Fruit Crumble & Custard	Chocolate Ice Cream