

## Weekly Update

### Inspire together

Inspire Together are joining four-time Olympian Mo Farah in his mission to ensure that all children and young people are active for at least 60 minutes a day. 'Mo's Mission'.



To support this, Inspire Together have launched a 60 Active Minutes campaign to raise awareness with local parents, carers, teachers and other responsible adults about the importance of children & young people being active for at least 60 minutes throughout the day. This is proven to support not only the physical health & wellbeing of children, but also to improve their mental health, mood and concentration throughout the day.

To support the 60 Active Minutes campaign they have launched a dedicated page on their website filled with fun activities and ideas to inspire movement for young people and their families, which is refreshed each month. They have even included a half-termly prize draw for parents of any children who have attended an Inspire Together session or event to win sports equipment & goodies.

<https://www.inspiretogether.org.uk/page/?title=60+Active+Minutes&pid=105>

### Online Safety

Our latest online safety newsletter is available on our website. It contains useful information on the following areas:



- Hidden meanings of different emojis
- Information about making group chats safer
- Guidance on social media use for children under 13

## Reminders

- Football games are not permitted to be played on the playground. Please can we ask that children do not bring footballs into school.
- Please can we ask that children do not ride their bikes or scooters in the staff carpark or playground at the beginning and end of day.
- Please can children not bring in any trading cards from home. Children are not allowed to swap these within school time.

## Important Dates



Wednesday 9 <sup>th</sup> April	Year 1 Spring Assembly There will be two performances on the day, one at 9.20am and one at 2.15. To ensure we maintain a safe and manageable number of people in the hall, we kindly ask that parents attend only one of the performances. <b>There will be no reading session on this day</b>
Thursday 10 <sup>th</sup> April	PA Cake sale 3:20pm – please drop off baked goods at the Infant School reception between 8:45 and 9:15am
Friday 11 <sup>th</sup> April	Last day of term for the Easter break Special Easter Menu
Monday 28 <sup>th</sup> April	School reopens for the start of the Summer term
Wednesday 30 <sup>th</sup> April	Class Photos – In school time. No sibling photos
Friday 2 <sup>nd</sup> May	Harry Potter Menu Super Soaker Colour Dash Day

