

Overdale Infant and Junior RSHE language progression

*Use if slang term is used

YEAR GROUP	KEY AREAS OF LEARNING	FEELINGS AND RELATIONSHIPS	BODY PARTS AND PROCESSES	OTHER
FOUNDATION STAGE	External body parts	Range of feelings words e.g. happy, pleased, calm, sad baby child girl boy	size shape range of simple external body parts e.g. hands, head, teeth If slang words are used, correct with these words: penis vulva bottom nipple private parts	range of action words e.g. run, jump growing up germs
YEAR 1	External body parts	same similar different unique special responsibility	birth death range of more specific external body parts e.g. stomach, chest penis vulva bottom nipple privacy private parts If other words are used by the children ensure staff use scientifically accurate terminology e.g. testicle.	male female man woman teenager adult
YEAR 2	External body parts	same similar different unique special responsibility	birth death range of more specific external body parts e.g. stomach, chest penis vulva bottom nipple breast breast feeding privacy private parts If other words are used by the children ensure staff use scientifically accurate terminology e.g. testicle.	male female man woman teenager adult

<p>YEAR 3</p>	<p>External body parts</p> <p>Differences between male and female</p>	<p>love dependent independent Responsibilities for parents</p>	<p>Breast Nipple Anus penis testicles vulva bottom</p>	<p>toiletries bacteria infection hygiene</p>
<p>YEAR 4</p>	<p>External body parts</p> <p>Differences between male and female</p>	<p>love dependent independent</p>	<p>Breast Nipple Anus Scrotum vulva Testicles Penis Pubic hair</p>	<p>toiletries bacteria infection hygiene</p>
<p>YEAR 5</p> <p>Children are taught together in mixed classes with a respectful scientific tone.</p> <p>Opportunities will be planned for females and males to have more in depth conversations separately with same sex teaching staff.</p>	<p>Puberty</p> <p>Sexual reproduction</p> <p>Internal body parts</p>	<p>commitment marriage stable relationship</p>	<p>puberty development pubic hair pubic bone nipple anus cervix Outer labia Inner labia clitoris vagina uterus urethra opening to the urethra endometrium vulva breasts sperm sperm duct semen scrotum prostate gland voice breaking erection ejaculate arousal penis testicles Periods fallopian tubes ovary ovulation period menstruation sanitary products pad tampon discharge</p>	<p>sanitary towel tampon body odour deodorant</p>

<p>Year 6</p> <p>Children are taught together in mixed classes with a respectful scientific tone.</p> <p>Opportunities will be planned for females and males to have more in depth conversations separately with same sex teaching staff.</p> <p>As stated on page 39 point 106 of DfE guidance parents can opt out of the one lesson on sex education delivered.</p>			<p>sexual intercourse</p> <p>sex</p> <p>conception</p> <p>reproduction</p> <p>pregnancy</p> <p>ovary</p> <p>egg</p> <p>fertilised egg (zygote)</p> <p>cells</p> <p>fertilisation</p> <p>embryo</p> <p>womb</p> <p>sperm</p> <p>semen</p> <p>ejaculation</p> <p>arousal</p> <p>testicles</p> <p>scrotum</p> <p>penis</p> <p>sperm duct</p> <p>prostate gland</p> <p>contraception</p> <p>condom</p> <p>contraceptive pill</p> <p>period</p> <p>menstruation</p> <p>sanitary products</p> <p>vagina</p> <p>vulva</p> <p>breasts</p> <p>opening to the urethra</p> <p>inner labia</p> <p>outer labia</p> <p>urethra</p> <p>fallopian tubes</p> <p>endometrium</p> <p>cervix</p> <p>nipple</p> <p>anus</p> <p>pubic hair</p> <p>pubic bone</p>	
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