

Overdale Infant and Junior RSHE language progression

YEAR GROUP	KEY AREAS OF LEARNING	FEELINGS AND RELATIONSHIPS	BODY PARTS AND PROCESSES	OTHER
FOUNDATION STAGE	External body parts	Range of feelings words e.g. happy, pleased, calm, sad baby child girl boy	size shape range of simple external body parts e.g. hands, head, teeth If slang words are used, correct with these words: penis vagina vulva bottom nipple private parts	range of action words e.g. run, jump growing up germs
YEAR 1	External body parts	same similar different unique special responsibility	birth death range of more specific external body parts e.g. stomach, chest privacy private parts If slang words are used, correct with these words: penis vagina vulva bottom nipple private parts If other words are used by the children ensure staff use scientifically accurate terminology e.g. testicle.	male female man woman teenager adult
YEAR 2	External body parts	same similar different unique special responsibility	birth death range of more specific external body parts e.g. stomach, chest penis vagina vulva bottom nipple breast breast feeding privacy private parts	male female man woman teenager adult

			If other words are used by the children ensure staff use scientifically accurate terminology e.g. testicle.	
YEAR 3	External body parts Differences between male and female	love dependent independent Responsibilities for parents	Breast Nipple Anus penis testicles vagina vulva bottom	toiletries bacteria infection hygiene
YEAR 4	External body parts Differences between male and female	love dependent independent	Breast Nipple Anus Scrotum Vagina vulva Testicles Penis Pubic hair	toiletries bacteria infection hygiene
YEAR 5 Children are taught together in mixed classes with a respectful scientific tone. Opportunities will be planned for females and males to have more in depth conversations separately with same sex teaching staff.	Puberty Sexual reproduction Internal body parts	commitment marriage stable relationship	puberty development pubic hair pubic bone nipple anus cervix Outer labia Inner labia clitoris vagina vulva uterus urethra opening to the urethra endometrium breasts sperm sperm duct semen scrotum prostate gland voice breaking erection ejaculate arousal penis testicles Periods fallopian tubes ovary ovulation	sanitary towel tampon body odour deodorant

			period menstruation sanitary products pad tampon discharge	
<p>Year 6</p> <p>Children are taught together in mixed classes with a respectful scientific tone.</p> <p>Opportunities will be planned for females and males to have more in depth conversations separately with same sex teaching staff.</p> <p>As stated on page 39 point 106 of DfE guidance parents can opt out of the one lesson on sex education delivered.</p>			sexual intercourse sex conception reproduction pregnancy ovary egg fertilised egg (zygote) cells fertilisation embryo womb sperm semen ejaculation arousal testicles scrotum penis sperm duct prostate gland contraception condom contraceptive pill period menstruation sanitary products vagina vulva breasts opening to the urethra inner labia outer labia urethra fallopian tubes endometrium cervix nipple anus pubic hair pubic bone	