

Fruits and vegetables: What's in my basket?

What should I already know?

- Children will have experience of seeing and eating some fruits and vegetables.
- Children will know that eating fruits and vegetables are good for you.

Key Vocabulary and definitions

Size	How big, small, large or little something is.
Spiky	Something that may not be easy to touch like the bristles on your tooth or hair brush or a hedgehog.
Smooth	Something that feels the same when you move your hand along it. Usually nice to touch like a table.
Rough	Something that is not smooth.
Light	Something that you can pick up easily.
Heavy	Something that is not light.
Seed	A plant grows from some seeds.
Additional key vocabulary linking to pictures.	

Key Knowledge

Naming examples of fruit:



Apples



Bananas



Plums



Pineapple



Strawberries

Naming examples of vegetables:



Carrots



Onions



Broccoli



Peas

Describing and comparing different fruits and vegetables:

Carrots are **bigger** than peas. A banana is **heavier** than a plum

Peas are the **smallest** vegetable. A strawberry is **lighter** than an apple.



Pumpkins have seeds



Apples are round and smooth



Pineapples are spiky



Strawberries are red and feel rough

Which container might be the best to carry different fruit and vegetables?



Plums, strawberries and peas because they are **small** and **light**.

Apples, pineapples, bananas, carrots and broccoli because they are **larger** and **heavier**.