

## Personal, Social and Emotional Development - Healthy and Safer Lifestyles Keeping Safe.



## What should I already know?

- Children should be aware of people at home and school who they feel confident to speak to.
- Understand different types of touch, good touch and bad touch
- Be able to name body parts
- Be aware of how to stay safe

## Key Vocabulary and definitions

**Stranger Danger**- is the idea or warning that all strangers can potentially be dangerous. The phrase is intended to encapsulate the danger associated with adults whom children do not know.

Body parts- head, ears, neck, face, ears, wrists and legs.

Intimate body parts- Penis- Vulva-

**Medicine-** When it comes to fighting illnesses, there are many types of medicines. Antibiotics are one type of **medicine** that a lot of kids have taken. Antibiotics kill germs called bacteria, and different antibiotics can fight different kinds of bacteria.

Emotions - happy, sad, anxious and worried

## Keeping Safe





